

Believe In YOUR Salvation

written by Yehudis Golshevsky
July 24, 2022



Rebbe Nachman of Breslov taught...

Reb Nosson wrote: "Three times each day we make the blessing, 'Who makes the seeds of salvation sprout,' and so we must believe that everything that happens in the world, on a universal scale and down to the smallest particular, represents a sprouting of the seeds of salvation. To the degree that a person strengthens his faith in this, he merits to experience actual salvation."

([Healing Leaves](#), p. 50)

What does this mean to me?

The redemption is called a process of sprouting, and if anyone has ever seen a seed make the transition to a sprout he knows that between the former and the latter is a period filled with what appears to be decay.

We put a seed in the ground, and while the inner living core gathers strength for sprouting, the outer layers are consumed to feed the process. From a superficial view, the sprouting looks like death and decay...but deep inside, the living and growing process is unfolding. The order of the Mishnah that deals with agricultural laws is called *Zera'im*-“Seeds.” The sages nicknamed it *Emunah*, “Faith.” It takes faith to sow a seed and nurture it, and it takes faith in the wisdom of Divine providence to witness all that happens to us—in us and around us—and know that we are involved in the sprouting of salvation.

A prayer:

*Merciful G-d,
reveal Your Divine providence throughout Creation.
Renew the world in a way
that everyone will know that all happenings
reflect Divine providence alone,
and not the dictates of nature.
Call forth a new song to the world,
a song of wonders...
We will offer You our thanks
with a new song
for our redemption and for our
spiritual deliverance.
([The Flame of the Heart](#), p. 99)*