

Intro to Hisbodedus—At BOMA Shul—Live in Manhattan

written by Chaya Rivka Zwolinski
January 29, 2019



Tuesday, January 29th
8:00 PM

At the BOMA Shul
218 East 75th St.

Rebbe Nachman's Meditation

An Introduction To Hisbodedus for Women

with

Chaya Rivka Zwolinski

of BRI Breslov.org

Rebbe Nachman of Breslov meditated and prayed as he walked along the lush woodlands of Sofiefka Park in Polish-Ukraine. He taught that personal, meditative prayer lights the way to emotional healing and soul-connection. Come join us and learn this new-ancient path to peace of mind.

bomashul.org

Upper East Side

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Souls On Fire



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