

Breslov Writing Workshop: Limited Space Register Now

written by Chaya Rivka Zwolinski
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Starts Wednesday, June 12

Register Today—Last Workshop Sold Out!



**Rebbe Nachman and You: Contemplative Writing
From the Soul**

with Chaya Rivka Zwolinski of BRI Women

Hosted by Jewish Living – Makom/Jewish Spirituality at the JCC Manhattan

Jun 12, 2019-Jul 10, 2019 (Four Wednesdays from 7:30pm – 9:00pm—except July 3)

Returning for an extended workshop with all-new material: Are you a curious blogger or journal writer, a beginner or published author, or just interested in getting to know more about yourself? Have you ever wanted to write from a deeper place inside you? Nourished by the hidden wellsprings of ancient Jewish wisdom, Rebbe Nachman's stories are enchanting, dramatic, at times even amusing. But most of all they are elixirs that reveal and heal the soul. In this four-part workshop, we'll take key concepts from these stories for writing prompts, and then write in your choice of several genres, such as narrative essay or memoir, poetry, lists, expository essay or free-form journaling, and more. Share and discuss. Be inspired and discover new aspects of self.

Chaya Rivka Zwolinski, Director, BRI Women teaches the wisdom of the renowned Chassidic master Rebbe Nachman live as well as online at Breslov.org and blogs for PsychCentral.com; is co-author of Therapy Revolution (HCI), and The Parent-Child Dance (Feldheim) and other books; and travels with women to Hasidic Ukraine.

Registrations are processed on a first-come, first-served basis. [Please contact the JCC Registration Desk at 646.505.5708 for additional information or register online.](#)