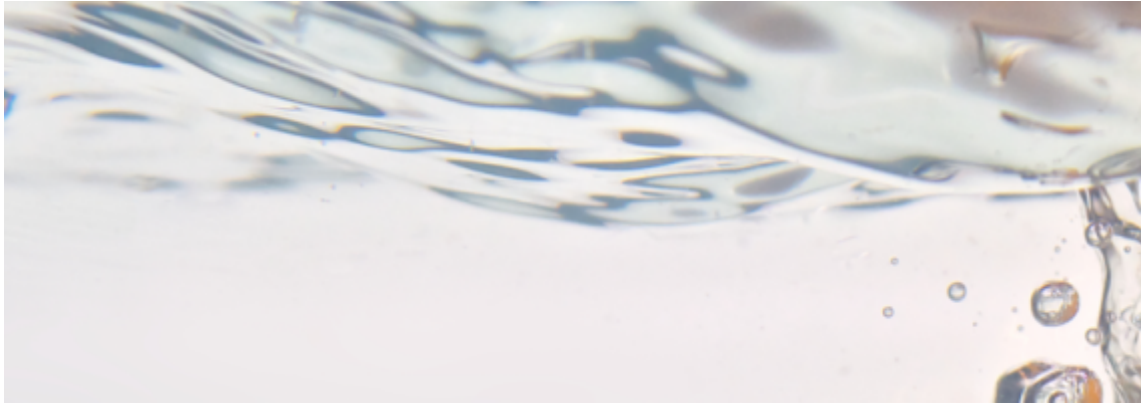


Immersing in the Mikva, even on erev Yom Kippur

written by breslov.org

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Question:

dear rabbi,

i want to go erev yom kippur to the mikva.

as far as i know i dont have to say a blessing like the woman do befor they immerse.am i right? do i also have to immerse 3 or 7 times? what is the minhag for men to immerse?

thanks

daniel

Answer:

Shalom Daniel!

Men do NOT say a blessing before immersing, even on erev Yom Kippur.

Three (3) dips is sufficient, but seven (7) is better.

May you and yours have a happy, healthy and holy year.

kol tuv (=all the best).

Ozer Bergman