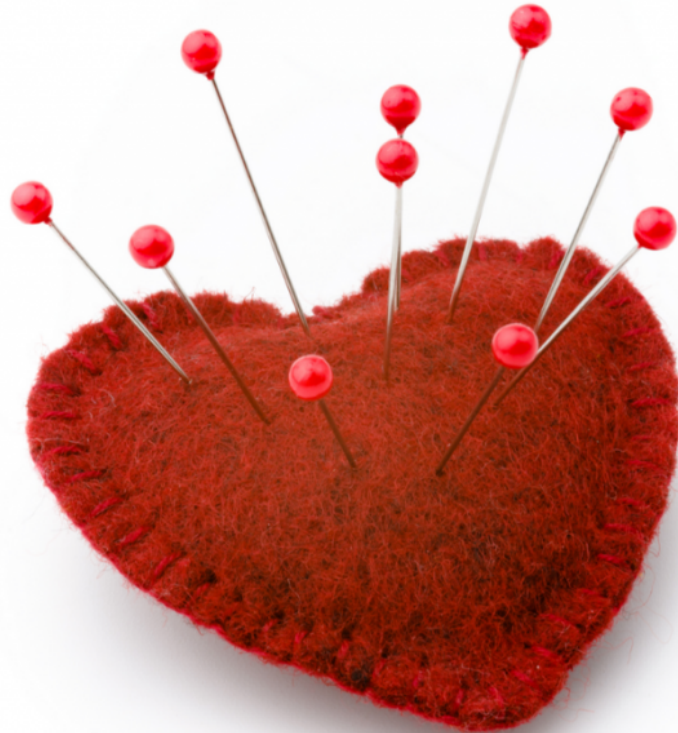


Is It Ever OK to Be Jealous?

written by Chaya Rivka Zwolinski
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<https://www.youtube.com/watch?v=0mw23nu57MU>

Is it normal to be jealous if your spouse has a friendship with someone of the same gender as you? Is it possible for a man and woman to be friends? If you trust someone, does this mean that you never get jealous? Can you be too jealous?

(The Torah laws of *yichud* provide a protective fence around relationships.)