

# Leaving Fallen Loves Behind

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Rebbe Nachman teaches us how to leave fallen loves and unhealthy desires behind, by connecting to the Tzaddik, and daily talking to Hashem (hitbodedut), conversing about Hashem with a friend, and having a conversation with the Tzaddik (by learning his teachings out loud.) Through this you will come to activate holy love and leave fallen desires behind.

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