## Podcast: Meditation & Tranquility

written by Chaya Rivka Zwolinski January 28, 2019



Want peace of mind? It's time to think about your life and talk to Hashem. BRI Breslov's Chaya Rivka Zwolinski explains on the Rebbe Nachman's Remedies daily podcast. Join our <a href="https://www.whatsApp.group">WhatsApp Group</a>receive a mini-lesson each morning.