

Meir Elkabas – Parshat Naso

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Meir Elkabas discusses this week's Torah portion, Parshat Naso. Reb Meir explains that after receiving the Torah on Shavuot, we get a major new beginning, as evidenced by all the teachings, including the kabbalah, about Parshat Naso. Reb Meir explains the Zohar on this parsha which speaks about bringing a spoon filled with ketoret (incense.) Rebbe Nachman teaches that reciting the passages about ketoret, the incense offering, in the siddur every day helps lift you out of depression and brings you to tremendous joy.

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