

A Narrow Bridge and Our Inner Truth [Audio – Deeper Connection Episode 1]

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Rebbe Nachman teaches that this world is a “very narrow very bridge.” It is filled with challenges, problems, and confusions.

So how do we get passed it?

Once we recognize that all of our challenges stem from our own mind then it is up to us to hold on to that point of truth inside ourselves. It is that truth that enables to build a bridge of holiness past all the roadblocks we will face.

Based on Otzar HaYirah Emet and Emunah (Truth and Faith) 1