

# Podcast: Gan Eden in this World

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Rebbe Nachman teaches in Likutey Moharan 191 that two people can be sitting side by side and one is sitting in Gan Eden and the other does not feel connected at all. How is this possible?

We connect to Gan Eden when our heart is connected to our authentic consciousness, our true selves – this is the Torah, where our souls are rooted.

When one is not sitting in Gan Eden, he is stuck in the obstacles and struggles of this world and his soul feels as if it is trapped in Gehinnom.

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