

# Prayer: Continuing the Journey

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In Cheshvan, when “our lips are still merachshevan (fluttering) from the tefillos of the yomim noraim” it’s good to renew our connection to prayer. Last semester’s course on the prayers for the Yomim Tovim are now followed by this special course on our daily prayers, just for women, with Yehudis Golshevsky.

How can we bring more to our tefillot of Shacharit, Minchah, and Maariv? Using Likutey Moharan as our guide, this course will help you uncover the deeper meanings of prayer and encourage you to invest more energy into davening from your siddur.

Topics include:

- The order of the prayers and encountering Hashem.
- Preparation for prayer: finding focus and expressing the truth, and simplicity.
- The Four Worlds of Shacharit: Asiyah–Korbanot and

Berachot

- Yetzirah: Pesukei d'Zimra
- Beriyah: Shma and its blessings
- Atzilus: Shemona Esrei
- Tefillah b'tzibbur
- Mincha and Maariv

Use this link now to log into your live class or save it to log into the course in the future:

([https://breslovcampus.clickwebinar.com/Speaking\\_from\\_the\\_Soul\\_With\\_Yehudis\\_Golshevsky](https://breslovcampus.clickwebinar.com/Speaking_from_the_Soul_With_Yehudis_Golshevsky)) If you would prefer to listen to the class on the phone, call:

New York: [+1 \(917\) 338-1451](tel:+19173381451)

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When prompted, dial this code: 567669#Currently available for [iPhone](#) – [iPad](#) – [Android](#) – [BlackBerry](#)

1. Click on your device type above.
2. Download the ClickMeeting Mobile App.
3. Login by using access code: Meeting ID: 828-286-137

**Time:** Sundays, 11:00 AM EST – 6:00 PM Israel Time **Date:** Sunday October 14 through Sunday December 2 **Level:** Women Only, Intermediate through Advanced, Everyone Welcome **Instructor:** Yehudis Golshevsky **Text:** Various (Likutey Moharan, Likutey Halachot, Sichot HaRan–Rabbi Nachman's Wisdom, Sippurey Maasiot–Rabbi Nachman's Stories)