Rabbi Rietti: My Emotions & Me: Who's In Charge?

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Who's in charge of your emotions? Join world-renowned speaker Rabbi Jonathan Rietti for a thought provoking and entertaining lecture based on the teachings of Rebbe Nachman of Breslov. Recorded at the BRI Women's Shabbaton, September 8-10, 2017.

http://breslovcampus.org/my-emotions-me-whos-in-charge-part-1/