

Rebbe Nachman's Wisdom 41,42 & 43 | Nothing More Whole than a Broken Heart

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https://www.youtube.com/watch?v=2hnQB_4_BYY

Contrary to popular belief broken heartedness is a good thing while depression is lethal. In this lesson Rebbe Nachman explains the fine line between a broken heart and depression.

Sources:

Sichos Haran Lesson 41,42 & 43

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