

# Rebbe Nachman's Wisdom #45 | Happy Days

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<https://www.youtube.com/watch?v=mLI3fYPNHow>

Rebbe Nachman teaches a person should work on themselves to feel true happiness and learn how to be able to convert all sadness into joy

Sources:

Sichos Haran Lesson #45

Likutey Moharan II, Lesson 23 & 24

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