

Register Now: Workshop – Rebbe Nachman & You – Contemplative Writing from the Soul

written by Chaya Rivka Zwolinski
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JCC Manhattan–Rebbe Nachman and You: Contemplative Writing from the Soul

Join Breslov Research Institute, BreslovCampus and BRI Women's Chaya Rivka Zwolinski for a two-part workshop at the JCC Manhattan–Makom Center for Jewish Spirituality

Dates: Tuesday, Nov 06, 2018 and Tuesday, Nov 13, 2018

Time: 7:00 PM to 8:30 PM

[REGISTER ONLINE](#) or CALL 646-505-5708 to register or for additional information. Registrations are processed on a first-come, first-served basis.

Are you a curious blogger or journal writer, a beginner or

published author, or just interested in getting to know more about yourself? Have you ever wanted to write from a deeper place inside you? Nourished by the hidden wellsprings of ancient Jewish wisdom, Rebbe Nachman's stories are enchanting, dramatic, at times even amusing. But most of all they are elixirs that reveal and heal the soul. In this two-part workshop, we'll take key concepts from these stories for writing prompts, and then write in your choice of several genres, such as narrative essay or memoir, poetry, lists, expository essay or free-form journaling, and more. Be inspired and discover new aspects of self.

Chaya Rivka Zwolinski teaches the wisdom of the renowned Chassidic master Rebbe Nachman live as well as online at Breslov.org and BreslovCampus.org; blogs for PsychCentral.com; is co-author of Therapy Revolution (HCI), and The Parent-Child Dance (Feldheim) and other books.

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