

Rosh Hashanah On My Mind

written by Chaya Rivka Zwolinski
September 18, 2021



Series: Relationships with Chaya Rivka Zwolinski

For women only.

Rebbe Nachman famously said: *My very essence is Rosh Hashana*. It's therefore no surprise that Breslov Chassidut is packed with teachings on the head of the Jewish year. In this class with Chaya Rivka Zwolinski, we focus on the motif of the head, especially as it pertains to making a fresh start to your year—and your life.

Topics include:

- The three heads that come together on Rosh Hashana
- It is all in your head: Gathering your thoughts and settling your mind
- The Tzaddik, the head of the Children of Israel
- The seven lamps of the head

- New beginnings and joy

Use this link now to log into your live class or save it to log into the course in the future:

(<https://breslovcampus.clickwebinar.com/relationships-with-c-r-zwolinski>) If you would prefer to listen to the class on the phone, call:

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Overview of Class 1 Sunday, September 12th, 2016

Class 2 Sunday, September 18th, 2016

Time: 8:00 PM Eastern time, 5:00 PM Pacific time **Date:** Monday, Sept. 12th – Sept. 26th (3 weeks); No Class Monday, Sept. 26th, Class is Rescheduled for Wednesday Sept. 28th at 8 pm) **Level:** All, beginners welcome **Instructor:** Chaya Rivka Zwolinski **Text:** [Anatomy of the Soul](#), by Chaim Kramer, Likutey Moharan II, Lessons 94 and 10; [Tzaddik](#) Rosh Hashanah On My Mind
Class 3: Take Charge Of Your Thoughts

Fast forward to the 5 minute mark as this video is unedited.

[-2016-9-29-rec-hq-9-483713-a93f7c1d5a2312ad8641d3ed72588940-recording](#) from [Breslov Research Institute](#) on [Vimeo](#).