

Sacred Time – Rosh Chodesh Sivan: Listen For The Melody

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Sacred Time

Listening For The Melody

Rosh Chodesh

During Sivan we celebrate receiving the Torah on Shavuos. Reb Nosson, z"l, explains that the foundation of accepting the Torah and *mitzvot* is *emunah*. It follows that we must work to attain a new level of *emunah* during Shavuos.

Reb Nosson goes on to explain that the deepest and most essential joy that one can possibly experience is rooted in realizing that Hashem is the One who does everything. The material world appears to contradict vital *emunah*. Attaining and building *emunah* in a world where G-d's presence is so

hidden is like straining to make out a melody that is strung together by notes that are interrupted by pauses. The flow of the music isn't constant—you have to follow it with your ear and imagination. Similarly, with *emunah* we work to pick out the melody of G-dliness from the wall of noise or silence of our worldly experience. This is one reason why singing and music naturally tend to engender feelings of *emunah* and *dveikut*, or attachment to G-d. This is the essence of receiving the Torah, this music of *emunah*.

Hashem, let me hear the music, the deep tapestry of what You do that inextricably woven into the fabric of creation. Help me perceive this and make every moment of my life a living song to You.