

Sharing the Love

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Rebbe Nachman of Breslov taught...

There is a natural tendency to seek conflict and to compete and vie for victory with others. Where does this attribute come from? From the vital energy—blood—with which one has not yet served G-d... And the Holy One found no better vessel to contain blessing for the Jewish people than peace. When the potential for conflict exists, the potential of peacemaking also exists alongside it. (Likutey Moharan I:75)

What does this mean to me?

Rebbe Nachman goes on in that lesson to provide an example where conflict and peace come together.

When two people study Torah together and a question arises, the question itself is a kind of conflict, since it opens up a space in which differences of opinion compete. But, at the same time, the answer to the question is the peacemaker in the place of conflict. In that case, the search for the truth will bring peace to the place of conflict.

When two people travel together and overcome obstacles together in order to pursue a holy goal, they transform the place of potential conflict into peace.

A prayer:

*Bless me, dear G-d, so that You and all people
Look upon me with love, grace and mercy.
Help me fulfill the great mitzvah
Of loving You,
And may You be beloved because of me.
([Between me and You](#), p. 142)*

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