

Sometimes We Just Need to Scream

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There are times when we cannot feel Hashem in our lives – we have fallen to a very low point and we need to scream to be able to recognize the natural connection we have to the Creator. Rebbe Nachman teaches in the 12th Torah in Likutey Moharan Tinyana that when all is lost and we have fallen low, we can ask the Almighty to lift the darkness from upon our hearts.

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