

The Power of Speech: Loud Talk? Soft Talk Is Better

written by Chaya Rivka Zwolinski

July 21, 2020



<https://www.youtube.com/watch?v=gVkhof06ML4>

Talking loudly and quickly can increase agitation. Simple behavior changes, such as trying to speak more softly can make profound psycho spiritual changes. Chaya Rivka Z. explains.