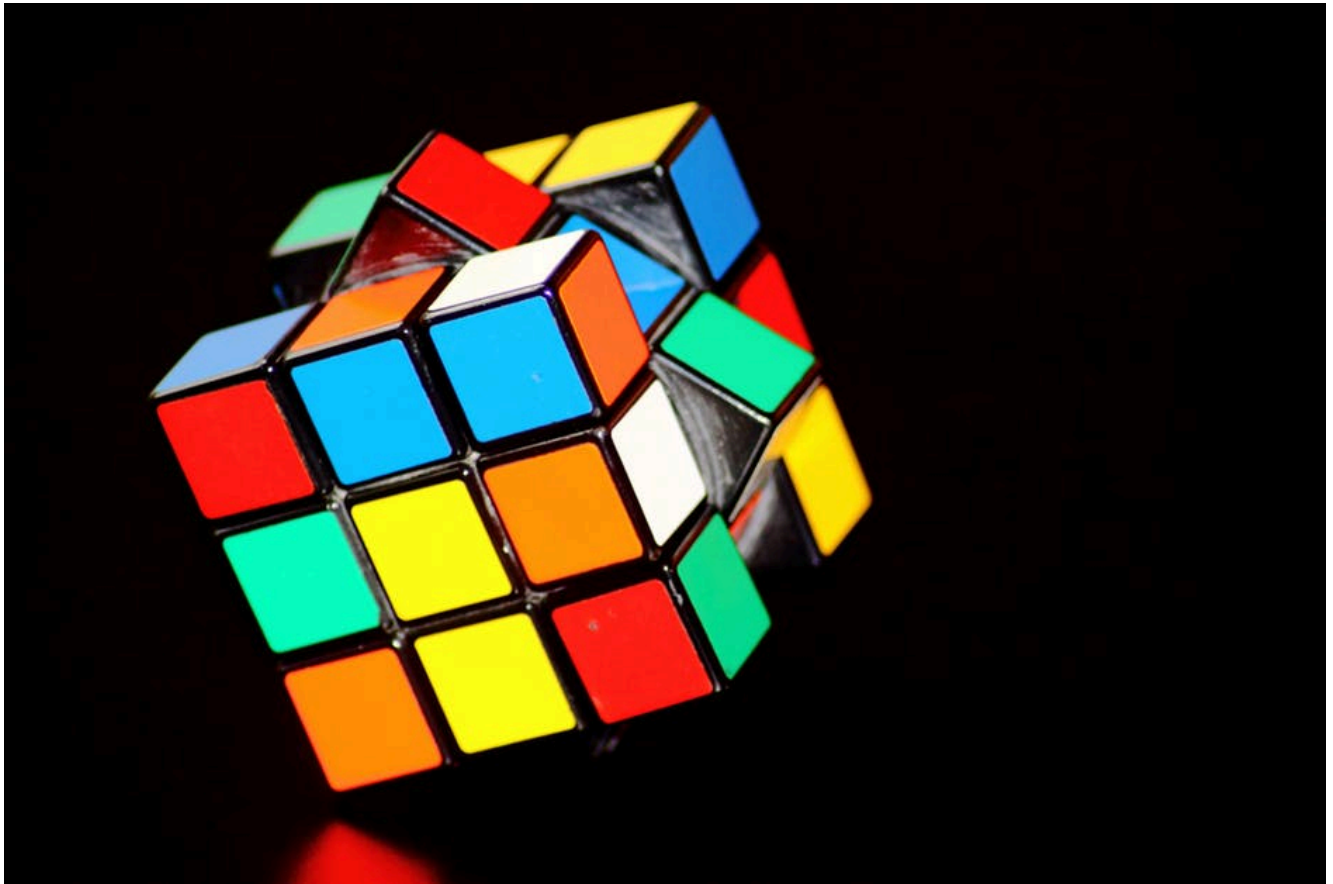


The Real Power of Positive Thinking

written by Chaya Rivka Zwolinski

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Today therapists, motivational speakers, and teachers of Jewish spirituality all agree that positive thinking can literally change a person's life. The source of your personal power is your mind, and with a little practice, your thoughts and feelings can actually be in your control.

What are the vital steps we need to take to achieve control of our thoughts? What can we expect to experience once we start thinking positively about our lives, other people, and Hashem?

Chaya Rivka Zwolinski of BRI, BreslovCampus and BreslovWoman will share insights and advice from Rebbe Nachman of Breslov about the power of our thoughts, in Borough Park, Brooklyn at the Halbrecht home, 4515 12th Avenue, tonight, Monday, April

24 at 8:30 pm, for women only.