

The Time for Geula Consciousnesses is Now

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Unconditional love crowns Hashem as the One King in this world. Because if we know that everything is in reality One, then we don't take people's "offenses" personally!

Ladies, we are one week away from Tisha B'Av and I can't think of a better time to work on baseless hatred than right here, right now. The way I see it, baseless hatred is directly related to having a closed heart. Can you give someone the benefit of the doubt; judge favorably; have compassion, or send good wishes and blessings to someone that you have an issue with, when your heart is closed? Not very easily.

One of the most common subconscious responses to hurt and trauma is a closed heart. It's a knee jerk reaction meant to protect ourselves. Makes sense, for sure. Well... apparently God wants us to go beyond this level. Because if we stay here, we close our heart to ahavas chinam, unconditional love, which is where we need to go if we ever want to see the redemption take place in a fairly peaceful and smooth manner, not to mention experiencing channels of blessings opening up for us.

Unconditional love crowns Hashem as the One King in this world. Because if we know that everything is in reality One, then we don't take people's "offenses" personally. It's all part of the system that Hashem Himself set up. Every seemingly negative behavior toward you is actually Hashem showing you where you need to do teshuva. He's doing you a favor. Or it may be a settling of an old debt from a previous incarnation. Whatever. It's not your business to figure it out. Assume it's one of these and move from there.

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If you suspect that someone's negative behavior toward you is a reflection of your thoughts, beliefs, or actions towards them, sit down for some introspection. What have been your thoughts, emotions, beliefs, and actions about this person? Take responsibility and be honest. Admit where you have chosen baseless hatred, judge the person favorably, send them good wishes and blessings and move on with compassion in your heart.

If you suspect that this behavior may have something that has to do with a previous incarnation, thank Hashem for settling the old debt and for providing you with a kaparas avonos, an atonement for sins, and move forward feeling free of any hatred in your heart.

Last week, I felt like a certain person was yet again, lacking basic thoughtfulness in their interaction with me. The frustration was building up to an embarrassing level. How thoughtless and selfish can a person get?? But then I remembered to reflect on this spiraling situation and what do you know! I saw very clearly that in my heart, I had been judging them in a very thoughtless and selfish manner myself. Wowwww!



Unconditional love – which is where we need to go if we ever want to see the redemption take place..

In reality, this person deserved a lot, and I do mean A LOT, of compassion and blessings for their ongoing life situation. Believe me, I had not seen it until doing this self-introspection, I really didn't. Now, I was able to truly send their way heartfelt good wishes and blessings, which I did.

What happened next blew my mind. Not two hours passed when out of nowhere, I got news of a pending financial windfall coming my way. Believe me I could not make this up if I wanted to. It was bizarre. Perhaps my teshuva process created enough of an energetic shift that it opened a pipeline that was there all along but was clogged due to my judgmental energies and

baseless hatred?

We have no idea how negatively baseless hatred towards other actually impacts us. Just as in the days of the destruction of the temple baseless hatred led to exile, trauma, great financial loss and more, so too in the present, in every person's life, does it lead to the same.

Do yourself and the world a favor, open your heart and step into geula consciousness. Separateness and negativity are illusions. All is One. Everything and everyone is intricately and precisely connected. Take responsibility for seeing this reality through contemplation, self-introspection, and teshuva and begin enjoying all of the blessings that Hashem has in store for you, the Jewish Nation and the world at large. Amen, may it be His will.