## The Way Back

written by Yirmy Ginsburg April 18, 2018



Series: Likutey Moharan Essentials

This Series: Likutey Moharan is the Magnum Opus of Rebbe Nachman with a depth and breadth unlike any other work in Jewish spiritual literature. In this series, Reb Yirmy Ginsberg explores Likutey Moharan I and II in compelling yet down to earth explorations of spiritual growth in real life.

This Course: In this text-based course, Reb Yirmy Ginsberg will discuss three short lessons in Likutey Moharan Tinyana—LM II 48, 49, and 50. Although less complex on the surface than some others, these lessons go to the core of our spiritual service of Hashem. Each topic offers the opportunity for reflection on a larger theme within each lesson.

Topics include:

<u>Lesson 48: The Struggles of Entering Into Avodat Hashem</u> (Service of God)

- The First Avodah within the First Avodah
- Making Sense of Life's Tests
- Feeling Distant from Hashem
- Knowing the True Value of the Mitzvot You Do
- Depression vs Joy
- Holy Stubbornness

## Lesson 49: The Steps of Return

- Hashem's Mercy
- Teshuva—the Real Deal
- What is the True Power of Your Thoughts?
- Using the Evil Within to Serve Hashem!

## Lesson 50: Controlling Your Mind

- The Process of Thinking
- Mindfulness
- Harnessing the Power of Your Thoughts

Use this link now to log into your live class or save it to log into the course in the future:

(<a href="https://breslovcampus.clickmeeting.com/likutey-moharan-with-yirmey-ginsburg">https://breslovcampus.clickmeeting.com/likutey-moharan-with-yirmey-ginsburg</a>) If you would prefer to listen to the class on the phone, call:

New York: <u>+1 (917) 338-1451</u>

For Other Countries: - <u>See Global Access Numbers</u>

When prompted, dial this code: 333839#Currently available for <a href="mailto:iPhone">iPhone</a> - <a href="mailto:iPhone">iPad</a> - <a href="mailto:Android">Android</a> - <a href="mailto:BlackBerry">BlackBerry</a>

- 1. Click on your device type above.
- 2. Download the ClickMeeting Mobile App.
- 3. Login by using access code: Meeting ID: 622-865-133

**Time:**Wednesday, 8:15 pm EDT, 5:15 pm PDT time (45 Minutes)**Date:**Wednesday, April 24 through June 13 (no class May 23)**Level:**Intermediate through Advanced (Beginners

welcome)Instructor:Yirmy GinsburgText:Likutey Moharan Tinyana
48, 49, 50