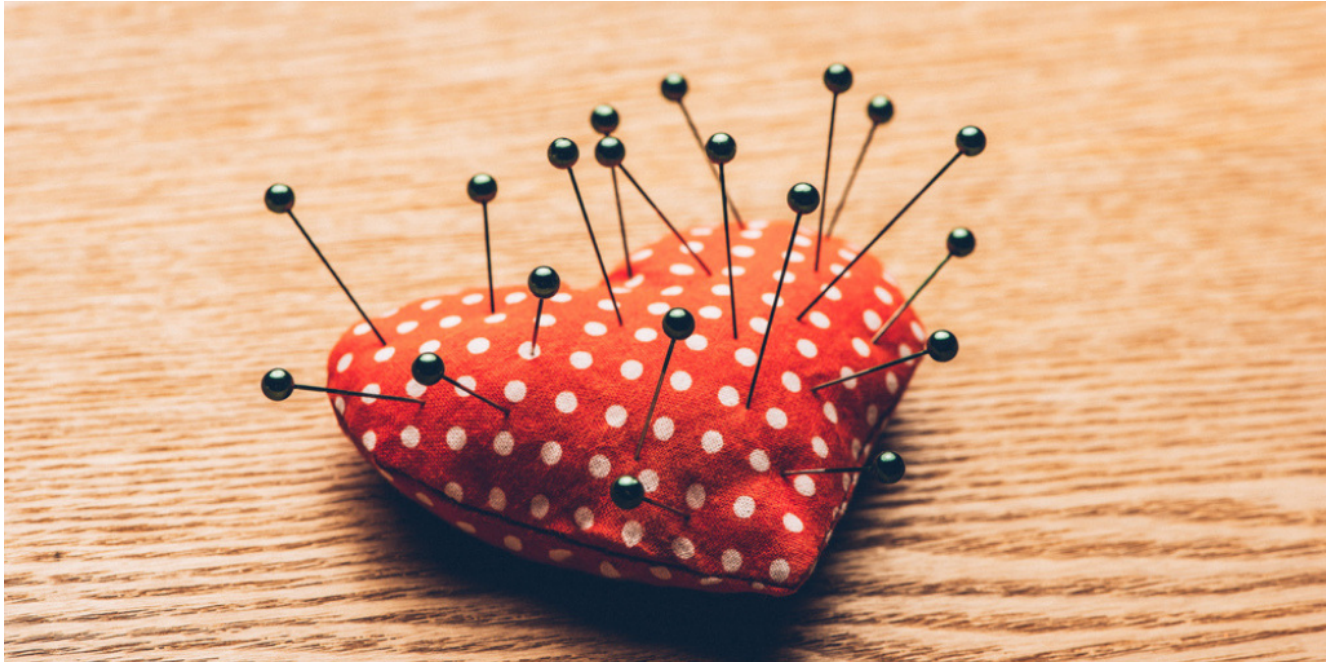


# Understanding A Painful Relationship With Parents

written by Chaya Rivka Zwolinski  
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Why do some people struggle so much in their relationship with their mother or father (or both)? What can a person do to make sense of this painful challenge? Chaya Rivka Zwolinski shares insights based on the teachings of Rebbe Nachman of Breslov.