

Watch: Defeat Your Inner Amalek

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Rebbe Nachman of Breslov tells us: Never give up! But sometimes, the Amelek that dwells within pushes us to the brink. “Life’s just too hard,” we tell ourselves.

The Purim story is an object-lesson in overcoming our inner-Amalek, that voice of sluggishness, doubt, and fear. Queen Esther overcame Haman, Amalek’s descendant, and you can too.

Watch Yossi Katz’s workshop from our great classes at BreslovCampus.org.

[Defeat Your Inner Amalek](#)