

What Kind of Charoses Do Breslovers Eat?

written by Yossi Katz

April 15, 2011



Q:I was curious if there is an official (Breslov/chassidic) list of ingredients for charoses?

A:

No, Breslov is very easy-going about these kinds of things. No hakpados. The old-timers did whatever all the simple, poverty-stricken Chassidische families of the Ukraine did. They used apples and nuts and maybe a little wine for charoses, a little potato for karpas, horseradish for maror (romaine lettuce wasn't available), etc.

But in Eretz Yisrael, things may have been different. I know that Reb Gedaliah made charoses like the Sefardic mekuballim with various fruits. If you want to read the research (incomplete) that Dovid Zeitlin and I did into these things, please see:

http://www.nachalnovea.com/breslovcenter/articles/Breslov_Customs_Spring-Summer.pdf

Have a chag kasher vi-sameakh

Dovid Sears