

When Adar arrives, we should be happy

written by Chaim Kramer
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Hi and Shalom. We wish all a great Chodesh, this month of Adar.

Our Sages teach, “When Adar arrives, we should be happy and make merry.” Tonight begins the month of Adar.

Rebbe Nachman teaches that when there are judgments and suffering in the world, we need to mitigate the decrees. We can accomplish this by dancing and clapping hands, through which we can mitigate all the decrees! (*Likutey Moharan I*, 10)

When the Rebbe gave over this lesson, he emphasized that he meant this simply and sincerely. We should be happy, dance and clap our hands. (If you need stimulus to get you into the mood, try some music!). Even if just for a few moments, it’ll

help you physically and spiritually. Reb Noson once told his follower: "I'll give you a tikkun. Dance daily!"

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We hope very soon to reprint, "[Amazing Stories of Ancient Times](#)" from Rebbe Nachman's Stories, with a renewed look.

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Also, for those whom Russian is their language, good news in that our [books in Russian](#) were placed on our on-line bookstore and they can be purchased online. [Click here](#) to see our latest selection

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In Hebrew, we are nearing completion of the full set of the Likutey Moharan (Volume 12). To anyone wishing to help support this project, we are presenting each lesson for sale. Of the 59 lessons in this volume, there are only five left available! Those interested in purchasing a lesson, please contact Zvi Kramer at: support@breslov.co.il.

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We are happy to inform you that as difficult it is to believe, recently our books are being sold world-wide. The "voice of reason"—Rebbe Nachman—is reaching out to all over the planet, to the Outback of Australia, to Malaysia, Japan and, of course, Europe and North America. This is what we read in Megillat Esther (Chapter 9), "And his name (Mordekhai – i.e. the Tzaddik) is heard throughout the nations!"

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May you all be blessed with a great month and a great life, a month of true joy and sweetened decrees. Amen

Best,

Chaim Kramer