

SHABBATON & RETREATS

BRI Women's annual women's Shabbaton and retreat is a warm, uplifting, and heartfelt experience for women and girls. Featuring experiential workshops, thought-provoking classes, soul-stirring song and dance: this is an event you'll never forget. We also create customized programs and retreats for groups or organizations. Call or email to learn more.



THE BOOK

Rebbe Nachman: A Woman's Treasury features Breslov teachings and insights, personal stories, and art — and is the first Breslov book created by women for women. Contributors include respected teachers and famous writers such as Tzipporah Heller, Yehudis Golshevsky, Sara Yocheved Rigler, Gita Kramer, Shalvi Waldman, Libi Astaire— as well as many other women who share personal explorations of their spiritual paths. Edited by Chaya Rivka Zwolinski, this compendium will be a must-have for any woman who wants to live with more inspiration and joy through the teachings of Rebbe Nachman of Breslov. Publication is planned for 2019, l'yH.

WHAT PEOPLE ARE SAYING

The Shabbaton

Everything was perfect—the food, singing, friendships, classes, stories, roommates, the surroundings. *Devorah Wildey, Maine*

The Shabbaton changed my life and propelled me forward to what feels like intimacy with Hashem. *Susan Margolis Winter Balk, St. Louis, MO*

The Contemplative Writing Workshop

Thanks for guiding us in a truly wonderful, soul-enriching and healing workshop. *Miriam Pineles, DACM, L.Ac., Woodmere, NY*

The Hitbodedut Workshop

After the workshop I resolved to continue Hitbodedut at home. I felt it was possible to find that direct line to God. *Susan Strassburger, NYC, NY*

You proved that simplicity is deep. *D.O., NYC, NY*

Classes

The classes are the highlight of my week. They spur me on to learn more—they give me strength and hope. *Simcha Yael Roth, LCSW, NYC, NY*

The lessons are really helping me to have a better understanding of myself. *Sandi Grenier, KY*

The BRI Women's Uman Experience

I cannot begin to thank you for the wonderful trip: Your scholarship of all the Tzadikim, the Breslov shiurim and the extensive, wonderful discussions. The one-on-one talks and the handling of all the visits with such precision were amazing. Most of all, the heartfelt visits to the Tzadikim have left me profoundly changed and able to see Judaism the way it should be seen. *Sarah Kramer, Brooklyn, NY*

Thank you for the spiritual adventure of a lifetime! *Brenda Borenstein, Toronto, CA*

self-knowledge,
connection
& joy



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ABOUT BRI WOMEN

BRI Women is the newest branch of the Breslov Research Institute, the world-wide publishing house and educational organization founded in 1977. Based on the teachings of Rebbe Nachman of Breslov, BRI Women's exciting programs and publications are designed to encourage, educate and inspire women on their journey of personal discovery. We believe that self-knowledge, connection, and joy are essential to healthy spiritual growth—let's journey together!

INSPIRATIONAL TRAVEL

BRI Women and the BRI Uman Experience take women on unique tours of Uman, the Baal Shem Tov, and Jewish Ukraine. An emphasis on Jewish heritage and spiritual legacy, and Chassidic inspiration make this a life-changing adventure. We also arrange personalized tours for groups and organizations. Why not join us on this meaningful journey? Contact us to find out about our next trip.



WORKSHOPS & PROGRAMS

BRI Women workshops are engaging and exciting—they're a terrific way for women to learn through creative participation. Women take home new skills and ideas, and make new friends. We also create customized workshops and programs for groups or organizations. **To bring a BRI Women's program to your group or community contact us today.**

POPULAR PROGRAMS:

Hitbodedut – Jewish Meditation

Contemplative Writing

Holy Self-Esteem

The Azamra Program

Rebbe Nachman and Positive Psychology

Rebbe Nachman's Approach to Healing

Rebbe Nachman's Stories (Series)

Wisdom for the Wise Elder

And more

ONLINE LEARNING

BRI Women offers a variety of free courses for women, from beginner to advanced, at BreslovCampus.org, the world's leading online Breslov learning program.

SPEAKERS BUREAU

Chaya Rivka Zwolinski: Director BRI Women. Speaker, teacher, and author specializing in spirituality, relationships, and personal growth for women. Producer of BRI Women workshops, co-producer of Azamra Program for Women, and Uman tour guide.

Fraidy Katz: Breslov singing instructor, Shabbaton host and coordinator, and co-producer of the Azamra Program for Women.

Rebbetzin Yehudis Golshevsky: World-renowned teacher who also produces plays and music.

Georganne Garfinkel: Lecturer, Functional Medicine Certified Health and Wellness coach, and cancer and nutrition researcher.

Rabbi Yossi Katz: Director BRI North America, teacher, Shabbaton host, and founder of BreslovCampus.org. Co-producer of the Azamra Program for Women.

Rabbi Jonathan Rietti: Senior lecturer Gateways and world-renowned speaker.

Our speakers are available world-wide for lectures, workshops and Shabbatons.