

Never Give Up!

written by Yehudis Golshevsky
September 1, 2016



Hold On! Never Give Up
Meshivat Nefesh #37

Rebbe Nachman taught:

"Even if a person fell very far, God forbid, and finds himself in the lowest pit of hell...even so, he still has great hope by virtue of the truly great tzaddik. Because it's that caliber of tzaddik who is able to derive spiritual vitality from absolutely any place or circumstance. And that means that the tzaddik has paved the way for even the person who has fallen deeply to hang on even there, to know that he too can return to God."

"The main thing is, 'I cried out to God from the depths of hell,' as Yonah the prophet said. From down in the depths of hell, he has to scream and scream, and not give up on himself."

He must keep on pleading to return...until God looks upon him from heaven and answers him."

(Based on *Likutey Moharan* II:78)