

Call Out to Hashem

written by Chaim Oliver
November 4, 2021



Put Azamra into action in a daily process of Teshuvah – Say the Tikkun Haklali!

Before the coming of Moshiach, there will be a great Tikkun – a cleansing of souls. This could come with great tribulation and upheaval, or it could be a challenging but pleasant process of personal and universal evolution.

Rebbenu stresses in the lesson of Azamra (L”M 282) the critical importance of seeing the good in others and oneself. The Biur HaLikutim elaborates: what brings a person to repentance is the act of sifting through one’s deeds and characteristics, choosing the good from the bad. The promised result is astonishing. The Talmud teaches that this process transforms his sins into merit. His own personal song of joy is generated and he can repent.

Reb Nosson teaches us that this is the role of the Shliach Tzibur / Prayer leader, to perceive the good in all the congregants and assemble their prayers to rise up on high. Similarly, a minyan to say the ten chapters of Psalms of the Tikkun Haklali was assembled by Rebbe Nachman to bring personal and universal redemption. This is a great secret and opportunity for personal and universal redemption.



Choosing the good from the bad!

Did you know that it was David's wish that Yidden study Tehillim like the other holy texts? Rebbe Nachman, echoing this instruction, asked us to find ourselves in the words of Psalms – our good and bad points. Reb Nosson stressed that finding our good points and expressing them in the saying of the Hallel Psalms of the morning service is critical to spiritual advancement.

So, we humbly suggest: study the Tikkun Haklali, find the verses and even single words that bring insight into your good points. Underline those verses and words and while saying the Tikkun Haklali, call out to Hashem using those verses and words with particular focus and concentration. Call out to Hashem. Put Azamra into action in a daily process of teshuvah

– the Tikkun Haklali.