

Free Booklet On Breslov Meditation

written by breslov.org

September 12, 2013



We are happy to share a wonderful new booklet we received written by Rabbi Avrohom Zvi Kluger entitled “Yichud of Hisbodedus” on the topic of Rebbe Nachman’s style of meditation. This is a deep work and uses a relationship based approach to explain how each of us can attain complete unification with God through the teachings of Rebbe Nachman. It was translated by Reb Ozer Bergman of BRI fame.

Enjoy!