

The Lost Art Of Contemplative Writing: A Workshop For Women

written by Yossi Katz

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THE LOST ART OF CONTEMPLATIVE WRITING

A WORKSHOP FOR WOMEN

BASED ON THE TEACHINGS OF
REBBE NACHMAN OF BRESLOV & REB NOSON OF BRESLOV
WITH

CHAYA RIVKA ZWOLINSKI

DIRECTOR, BRI WOMEN BRESLOV.ORG & BRESLOVCAMPUS.ORG

Rebbe Nachman is well-known for his advice to make hitbodedut—personal, prayerful meditation—a part of one's spiritual service, but he also encourages us to contemplate how we are living our lives. In *Alim L'Terufah* (The Collected Letters of Reb Noson, BRI), Reb Noson's collected letters, he exhorts his son to develop his writing skills, to communicate ideas and express contemplative thought.

In this workshop, speaker and author Chaya Rivka Zwolinski will discuss the importance of contemplative writing as a tool for spiritual growth. Everyone will write using Breslov-based writing prompts and have the chance to share and discuss what they have written. Your material might be considered for a new book, *Rebbe Nachman: A Woman's Treasury*, to be published by the Breslov Research Institute and BRI Women, featuring work by Tziporah Heller, Sara Yocheved Rigler, Yehudis Golshevsky, and more.

BRING PAPER AND PEN, TABLET, OR LAPTOP

TUESDAY, NOVEMBER 28 AT 8:30 PM

At the home of Mrs. Miriam Pineles | 913 West Broadway, Woodmere, NY 11598

Suggested Donation \$18.00 benefits BRI Women (Breslov Programming for Women)

For more information contact : briwomen@breslov.org or 347-271-9539