

# Work Out and Build Your... Emunah Muscles

written by Chaya Rivka Zwolinski

March 12, 2020



[https://www.youtube.com/watch?v=S57rBi1UQ\\_U](https://www.youtube.com/watch?v=S57rBi1UQ_U)

Like anything else worth attaining, emunah requires effort. Chaya Rivka Zwolinski explains.