

Out To The Field – “Even Tiny Unimportant Details”

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Continued from last week [here](#):

Likutey Moharan I:282 – Week 3

Not making any significant progress identifying the *nekudos tovos* (good points) in my youngest child, I consulted with a Chassidic Rebbe who had helped me apply *Azamra* to myself many years before. This Chassidic Rebbe is very close to the teachings of Rebbe Nachman and was one of the people that I credit with helping me realize that I was really Breslover after all. When I consulted him again in regards to the difficulties I was having with my youngest child, he suggested that I:

- 1) Use a notebook for a 40 day period to record every good thing my youngest child did – even the tiny unimportant details;
- 2) Ask my wife to tell me what *nekudos tovos* my youngest child exhibited when I was away from home so I could see a fuller picture; and
- 3) Read the daily entry of *nekudos tovos* before saying *Krias Shema al HaMita* each night before I went to bed.

Finally, in order to ensure success, he mentioned that I should continue daily *hisbodedus* devoted to this topic, try to ignore my youngest child's provocations when I got home each night, and pay attention to the good things in order to be complimentary of them.

Next week, I will write more about how I started becoming aware and identifying the "tiny unimportant details" and how my notebook entries started growing longer and longer.