

The Art of Emunah: Seven Pillars of Faith

written by Yehudis Golshevsky

January 1, 2015



Time: Sunday, 11:00 AM EST – 6:00 PM Israel Time

Date: January 11 – March 1 (8 weeks)

Level: All

Text: The 7 Pillars of Faith by Rabbi Yitzchok Breiter

Note: Text will be posted on the whiteboard for students who want to follow along, but students will be able to keep up with the ideas even without textual skills. There will be plenty of time allotted to answer your questions.

This course is for women only.

Emunah is vital to our well-being and has a profound impact on our day-to-day lives. Since it's been said that the entire Torah rests on emunah, to clarify, refine, and strengthen our faith is arguably our number one task in this lifetime. Gaining a deeper understanding of faith's personal relevance as well as learning and applying emunah-building skills and techniques, enriches our spiritual connectedness.

In this deeply inspirational yet practical course, Yehudis Golshevsky will explore the emunah-enhancing material in The Seven Pillars of Faith by Rav Yitzchak Breiter. (Related Breslov source-material, including Likutey Moharan, will also be discussed.)

Students will learn to broaden and deepen their emunah as Yehudis discusses each individual pillar of faith over the seven-week semester:

- Week 1–First Pillar: The Hand of God
- Week 2– Second Pillar: Revelation of Godliness
- Week 3– Third Pillar: The Concealment
- Week 4– Fourth Pillar: Not Getting Angry
- Week 5– Fifth Pillar: Teshuvah
- Week 6– Sixth Pillar: Action
- Week 7– Seventh Pillar: The Tzaddik

– *Roses for Shabbat* by Esther Pam Zibell, Private Collection, <http://www.estherzibellsart.com/>

Course Text

[The 7 Pillars of Faith, Click to Download](#)

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Class #1

Sunday Morning, January 11th, 2014 at
11:00 am EST– 6:00 PM Israel Time

[Audio/mp3 Download](#)

Class #2

Sunday Morning, January 18th, 2014 at
11:00 am EST– 6:00 PM Israel Time

[Audio/mp3 Download](#)

Class #3

Sunday Morning, January 25th, 2014 at
11:00 am EST– 6:00 PM Israel Time

[Audio/mp3 Download](#)

Class #4

Sunday Morning, February 1st, 2014 at
11:00 am EST– 6:00 PM Israel Time

[Audio/mp3 Download](#)

Class #5

Sunday Morning, February 8th, 2014 at
11:00 am EST– 6:00 PM Israel Time

Week dedicated by Janet Davies, "May the gift of the words of Rebbe Nachman reach the hearts of those far and wide."

[Audio/mp3 Download](#)

Class #6

Sunday Morning, February 15th, 2014 at
11:00 am EST– 6:00 PM Israel Time

Week dedicated by Shelli Berger in honor of Rabbi Yossi Katz and all his colleagues at the Breslov Institute. Thank you for making these learning opportunities possible. Blessings!

[Audio/mp3 Download](#)

Class #7

Sunday Morning, February 22nd, 2014 at
11:00 am EST– 6:00 PM Israel Time

Week dedicated by Kim Varner in honor of Rav Avraham Greenbaum of the Azamra Institute.

[Audio/mp3 Download](#)

Class #8

Sunday Morning, March 1st, 2014 at 11:00
am EST– 6:00 PM Israel Time

[Audio/mp3 Download](#)